

RECOMMENDED PHRASES FOR THE CARDS (TO PRINT)

① STICK OUT YOUR TONGUE

② TOUCH YOUR UPPER LIP WITH YOUR TONGUE

③ STICK OUT YOUR TONGUE TO THE RIGHT

④ STICK OUT YOUR TONGUE TO THE LEFT

⑤ LICK YOUR UPPER RIGHT LIP

⑥ LICK YOUR UPPER LEFT LIP

⑦ TOUCH THE TIP OF YOUR NOSE WITH YOUR TONGUE

⑧ PUT YOUR TONGUE BETWEEN YOUR TEETH AND YOUR UPPER LIP

⑨ PUT YOUR TONGUE BETWEEN YOUR TEETH AND YOUR LOWER LIP

⑩ FOLD YOUR TONGUE OVER UPWARDS BETWEEN YOUR TEETH

⑪ FOLD YOUR TONGUE OVER DOWNWARDS BETWEEN YOUR TEETH

⑫ ROLL UP YOUR TONGUE BETWEEN YOUR LIPS

⑬ PRESS YOUR TONGUE AGAINST YOUR PALATE

⑭ TOUCH YOUR UPPER RIGHT-HAND MOLAR WITH YOUR TONGUE

⑮ TOUCH YOUR UPPER LEFT-HAND MOLAR WITH YOUR TONGUE

⑯ TOUCH YOUR LOWER RIGHT-HAND MOLAR WITH YOUR TONGUE

⑰ TOUCH YOUR LOWER LEFT-HAND MOLAR WITH YOUR TONGUE

⑱ PUSH YOUR TONGUE AGAINST YOUR RIGHT CHEEK

⑲ PUSH YOUR TONGUE AGAINST YOUR LEFT CHEEK

⑳ CLOSE YOUR LIPS AND BLOW OUT YOUR CHEEKS

㉑ SUCK IN YOUR CHEEKS

㉒ PUT YOUR LIPS TOGETHER AND TWIST THEM TO THE RIGHT

㉓ PUT YOUR LIPS TOGETHER AND TWIST THEM TO THE LEFT

㉔ RAISE YOUR UPPER LIP TO SHOW YOUR GUMS

㉕ PURSE YOUR LIPS AND SAY "U"

㉖ VIBRATE YOUR LIPS WITH A FINGER

㉗ HIDE YOUR LIPS

㉘ PUT YOUR LOWER LIP OVER THE UPPER ONE

㉙ PUT YOUR UPPER LIP OVER THE LOWER ONE

㉚ SMILE AND SAY "EEE"

㉛ BITE YOUR LOWER LIP

㉜ BITE YOUR UPPER LIP

㉝ OPEN YOUR MOUTH AND YAWN

